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with Special Ingredients . Anne's  
Soapmaking and Lotionmaking  
Page. Why make soap? Why  
bother? You can buy something to  
wash with for a tenth the price. I

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ask myself this every time I make another batch. It's a fascination, a sort of alchemy.

*Anne L. Watson's Soapmaking Page (Soap Making, Cold ...*

Smart Lotionmaking: The Simple Guide to Making Luxurious Lotions, or How to Make Lotion That's Better Than You Buy and Costs You Less (Smart Soap Making Book 3) Kindle Edition by Anne L. Watson (Author), Wendy Edelson (Illustrator) Format: Kindle Edition

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SPECIAL NOTE! -- ANNE WILL PERSONALLY ANSWER ANY QUESTION OF YOURS AFTER READING THIS BOOK. ASK ON HER WEB SITE, AND YOU'LL NORMALLY HEAR BACK WITHIN HOURS! Do you love the feel of a good lotion but find yourself unhappy with the cost, or wary of the chemical ingredients? Do you ever wonder if you could make it for yourself at home? Are you afraid to try because the lotion

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might not turn out well, or might even be unsafe? Anne L. Watson's "Smart Soapmaking" was the first book based on modern techniques that eliminate the drudgery and guesswork from home soapmaking. Now, by popular demand, she continues her handcraft cosmetics revolution with the first practical, comprehensive book on making lotion from scratch. Whether you want to make lotion for personal use or to sell, Anne allays any fears with methods that are proven safe and approved by experts, yet simple and easy enough to perform in your kitchen. You'll soon be making lotion that's better than any you've been buying, and at a fraction of the cost.

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Anne L. Watson is the first author to have introduced modern techniques of home soapmaking and lotionmaking to book readers. She has made soap under the company name Soap Tree, and before her retirement from professional life, she was a historic preservation architecture consultant. Anne and her husband, Aaron Shepard, live in Friday Harbor, Washington.



"The definitive guide to lotionmaking." -- Donna Puizina, Ekoaromas, Lafayette, New Jersey  
"Spells out everything and makes it easy to understand." -- Cheryl McCoy, Emerald City Soap, Haven, Kansas  
"Anne makes it so much fun, and so easy." -- Mary



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Soaps and Lotions, New London,  
Ohio "So logical and easy to  
understand that my first batch  
was a success AND a sell-out!" --  
Susan Dinion, Holiday Farm &  
Handmade Goods, Berlin,  
Massachusetts

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(How to Create Great Recipes)  
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Tweaks, and Fixes) MAKING IT A  
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Bust) WHY? WHY? WHY?  
(Frequently Asked Questions)  
WHERE TO READ MORE WHERE  
TO GET TESTING WHERE TO GET  
SUPPLIES

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lotion but find yourself unhappy  
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for yourself at home? Are you afraid to try because the lotion might not turn out well, or might even be unsafe? Anne L. Watson's "Smart Soapmaking" was the first book based on modern techniques that eliminate the drudgery and guesswork from home soapmaking. Now, by popular demand, she continues her handcraft cosmetics revolution with the first practical, comprehensive book on making lotion. Whether you want to make lotion for personal use or to sell, Anne allays any fears with methods that are proven safe and approved by experts, yet simple and easy enough to perform in your kitchen. You'll soon be making lotion that's better than any you've been buying, and at a

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Anne L. Watson is the author of the wildly popular and widely acclaimed beginners book "Smart Soapmaking." She has made soap professionally under the company name Soap Tree, and before her retirement was a historic preservation architecture consultant. Anne's other published books include "Milk Soapmaking," "Baking with Cookie Molds," and several novels. Anne, her husband, Aaron, and their cat, Skeeter, live in Friday Harbor, Washington.

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"The definitive guide to lotionmaking." -- Donna Puizina, Ekoaromas, Lafayette, New Jersey  
"Spells out everything and makes

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it easy to understand." -- Cheryl McCoy, Emerald City Soap, Haven, Kansas "Anne makes it so much fun, and so easy." -- Mary Jean Hammann, Grandma Jean's Soaps and Lotions, New London, Ohio "So logical and easy to understand that my first batch was a success AND a sell-out!" -- Susan Dinion, Holiday Farm & Handmade Goods, Berlin, Massachusetts

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(Gathering the Equipment You Need) Step-by-Step Lotionmaking

(From Prep to Cleanup and

Beyond) Testing Your Lotion

(Making Sure It's Safe) More

Recipes! (Different Lotions You

Can Try) Milk Lotion Recipes

(Treating Your Skin to Milk)

Designing Your Own (How to

Create Great Recipes)

Troubleshooting (Tricks, Tweaks,

and Fixes) Making It a Business

(How to Go Pro, Not Bust) Why?

Why? Why? (Frequently Asked

Questions) Resources

Lotion Making In Book Three of

Thermal Mermaid Lotion Recipes

you will get 25 exotic body

butters and massage bar recipes.

These are items on our cosmetic

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line that have been exceptionally popular over the past few seasons as people become more interested in luxury personal products. These recipes differ from traditional lotions and are packaged with a different twist. - They do a great job nourishing and protecting your skin - They contain only those ingredients that you choose, so you can avoid harmful chemicals - They are better for your skin, since you can customize them to fit your needs exactly - They can be made with your favorite essential oils for custom fragrances - They are lot cheaper than store-bought lotions and body butters With this book, you will learn everything you need to know to get started with homemade lotions today. Here

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are just a few of the things this book will teach you: - How to make professionally made lotions that you can sell - We discuss safety and precautions involved in selling your products - What equipment you will need to make each kind of lotion - Where to get ingredients and supplies - Whether you need to use preservatives to prolong your lotion's shelf life - How to clean up after making your lotion This book contains our recipes that we have created for our product line from the artisans at Thermal Mermaid. Here are some of the recipes you can prepare today:

Nourish and revitalize your skin with your own handcrafted creams and lotions. Donna Maria



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shares her simple five-step

method for creating fragrant all-natural body rubs, facial creams, lip balms, moisturizers, and more.

Explore how aromatic oils can effectively preserve and protect your skin, and learn how to craft products that target your skin's specific needs. You'll be amazed at how your products, which are both inexpensive and free of harsh chemicals, can help promote healthy and vibrant skin. This publication conforms to the EPUB Accessibility specification at WCAG 2.0 Level AA.

A natural treasure for every body. Whether it's about saving money, living greener, or treating sensitive skin, The Complete Idiot's Guide® to Making Natural

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Beauty Products has everything the hobbyist will need to create organic, natural beauty products. ?Includes everything from face creams to mineral makeup to shampoo and more ?Each formula is clearly presented in recipe style, with notes on prep time, storage, and uses ?All products are made from natural ingredients which will appeal to people going green as well as to people with sensitive skin

Are you interested in learning more about soap making? Are you interested in making your own soap or starting your own soap making business, this A-Z guide will show you what you need to do, the resources you will need, and how to be successful in

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NO STARTER -- NO WASTE -- NO  
CHEAT -- NO FAIL NATURALLY  
FERMENTED BREAD IN JUST 24  
HOURS WITH YOUR HOME  
PROOFER, INSTANT POT, SLOW  
COOKER, SOUS VIDE COOKER, OR  
OTHER WARMER There's  
sourdough, and then there's  
SMART sourdough -- a whole new  
approach to an ancient bread!  
Most sourdough recipes lead you  
through days or even weeks of  
developing a starter before you  
can make your bread -- and then  
into a lifetime of maintaining that  
starter. But this book is based on  
the belief that all that rigmarole is  
no longer needed. With modern  
methods of regulating  
temperature, and with the easy

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availability of baker's yeast, honest-to-goodness naturally fermented sourdough bread can be made from start to finish in less than a day. With all the benefits of naturally fermented sourdough, it's only the hassle of making it that has discouraged home bakers. Well, hassle no more. The age of smart sourdough has arrived.

////////////////////////////////////

Mark Shepard began baking his own sourdough bread in 1979 and went on to publish the bestselling booklet "Simple Sourdough." In 2012, he began developing a sourdough method that's even simpler and more reliable -- one that could be used by anyone, with no fear of failure. Mark now lives in Bellingham, Washington,

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with his wife and fellow author,

Anne L. Watson.

////////////////////////////////////

"A fresh new look at making your

own sourdough . . . I love Mark's

attention to detail. No matter

your setup, tools, or needs, he's

got you covered . . . I questioned

his use of a pinch or two of

baker's yeast, but his research  
and experiments have me sold.

His recipes combine the

advantages of cultivated yeast

and naturally occurring

sourdough bacteria to make

bread that actually rises and

doesn't take days to

make."—Holly Howe, author of

"Fermentation Made Easy!

Mouthwatering Sauerkraut" "Mark

Shepard shares how to make

sourdough bread, with its

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Characteristic flavor and health

benefits, without maintaining a long-term starter. It's relevant to anyone looking to save time in

the kitchen, learn a new technique, or just read a very detailed and interesting book on sourdough."—Emily Buehler,

author of "Bread Science: The Chemistry and Craft of Making Bread" "I have always wanted to

do sourdough, but I am away from home A LOT and often hubby is with me, so there would be no one at home to maintain

the starter. BRING ON THE INSTANT POT!!! It is so simple, I have zero idea why this book was not written years ago . . . Want a great wedding gift idea? This

book, an Instant Pot, flour, and yeast. They will thank you

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forever!" -- Janet Cousineau, Poppy-Coloured Pages (Facebook group), April 27, 2021 At the beginning of the pandemic, I (and most of the rest of the planet) decided to start a sourdough culture and make my own sourdough. I mixed the ingredients, kept everything scrupulously clean, followed the instructions -- and it was a total, completely disgusting failure. So, I was a bit skeptical of the author's no-fail, 24-hour workaround which doesn't require a refrigerated starter culture. I followed his directions and used our Instant Pot to keep the dough evenly warm, added a little yeast at the end of the process, and managed to make a credible loaf of sourdough in 24 hours . . . Five

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stars." -- Annie Buchanan,  
Nonstop Reader (blog), June 1,  
2021 "If you survived the  
pandemic without making  
sourdough, then THIS is your  
book. You can get ahead of  
everybody else, with the quickest  
recipe possible for amazing  
bread, pizza dough, pancakes,  
and dosa! . . . As a homeschool  
mom, I'd also say that since  
you're basically growing bacteria  
and watching for reactions, it  
would be a great book for a  
Kitchen Chemistry or Biology  
class!" -- Nicole Henke, Bless  
Their Hearts Mom (blog), Aug. 6,  
2021

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HER WEB SITE, AND YOU'LL  
NORMALLY HEAR BACK WITHIN  
HOURS! Beautiful to look at but  
hard to use. That's the reputation  
of cookie molds. But should it be?  
In this groundbreaking book,  
Anne L. Watson restores cookie  
molds to an honored place in the  
baker's kitchen by revealing long-  
lost secrets of their use. With  
Anne's techniques and recipes,  
tasty cookies with lovely, detailed  
designs will literally fall from the  
mold into your hand. Learn how  
to make traditional molded  
cookies like speculaas, springerle,  
and shortbread, as well as  
modern ones like White Chocolate  
Lime Cookies and Orange  
Blossom Wedding Cookies. Learn  
the tricks of sandwich cookies,

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layer cookies, chocolate backing, and exhibition cookies. And learn about the molds themselves -- the many kinds, their history, the best places to find them, how to treat them, what makes a good one, and which to avoid entirely. With nearly two dozen recipes and almost a hundred photos, "Baking with Cookie Molds" will quickly have you making cookies that both amaze and delight.

////////////////////////////////////

Anne L. Watson is the author of a number of popular books on home crafts and lifestyle, as well as children's books and many novels. In a previous career, she was a historic preservation architecture consultant. Anne lives with her husband and photographer, Aaron Shepard, in

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Bellingham, Washington.

////////////////////////////////////

"Expert instructions guarantee readers a frustration-free experience when using decorative metal, earthenware, and wooden molds . . . After reading this, you'll want to snatch them up." --

Lisa Campbell, Library Journal, Sept. 15, 2015 -- STARRED

REVIEW "A tasty treat of practical cookie making, historical cookie-mold information, and a wide range of recipes, all served with appetizing sides of baking history and great photographs." -- Kirkus Reviews, June 16, 2015 "Anne L. Watson deserves big hugs from bakers everywhere for resurrecting the beautiful and tasty art of baking with cookie molds. Loaded with practical

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advice on everything from the

care and cleaning of molds to

proper recipe formulation and

molding technique, 'Baking with

Cookie Molds' provides all the

know-how one needs to put

retired molds back where they

belong -- off walls and out of

cupboards, and into action in our

kitchens." -- Julia Usher, author,

"Cookie Swap," and Director,

International Association of

Culinary Professionals "Cookie

molds are lovely to admire but

often end up as part of your

kitchen decor rather than as a

baking tool. 'Baking with Cookie

Molds' will inspire you to use

those molds as they were

intended -- to create strikingly

beautiful cookies -- and shows

that those cookies can be

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delicious as well! Detailed

instructions and photographs

make it feel like the author is

right there in your kitchen, baking

alongside you and guiding you

through each step." -- Christina

Banner, author, "How to Build a

Gingerbread House" "A must read

for novice and avid bakers!

Anne's story and vast knowledge

of cookie molds keeps you

entertained from beginning to

end." -- Karen Giamalva,

President and CEO,

LetsBakeCookies.com "Friendly,

warm, and inviting." -- Ken

Hamilton, The Springerle Baker "A

'honey' of a collection of old and

new secrets for shaping edible-art

cookies -- with less effort and

more success. Will do much to

keep this tradition alive!" -- Gene

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This highly visual hands-on guide teaches readers how to make skincare, makeup, and many more personal-care products using natural ingredients. Step-by-step color photos guide readers through base recipes, followed by more than 200 color and blend variations. Readers with sensitive skin, as well as those who want to save money and avoid harmful chemicals, will find everything they need to get started making their own luxurious beauty products:

- 200 recipes and formulas for facial and body-care products, fully illustrated in color.
- Step-by-step guidance through the foundational recipes, showing tools, ingredients, and

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techniques. - Shopping lists and suppliers for natural ingredients, including essential oils, butters, clays, minerals, colors, and fragrances. - Basics and recipes for creating mineral foundations, color correctors, and concealers. - Formulas for skin-healing balms, creams, and oils. - Products for men, including shaving products, powders, moisturizers, facial care, foot care, and massage oil.

Soapmakers may love to add a variety of materials to soap, but they find that some cause more trouble than others. In the heat of the chemical reaction, an ingredient might discolor, or lose its scent, or develop a bad smell. Or it might cause problems during soapmaking, giving off noxious

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fumes, or making the soap harden so fast that there's no time to pour it in the mold. Help has arrived. Anne L. Watson extends the low-temp techniques from her book "Milk Soapmaking" to making soap from a variety of special ingredients, including cucumber, citrus, pine tar, beer, and wine. Soaps that have long challenged home soapmakers will now pose no problem at all.

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Anne L. Watson is the author of the wildly popular and widely acclaimed beginners book "Smart Soapmaking" and its companions, "Milk Soapmaking" and "Smart Lotionmaking." She has made soap professionally under the company name Soap Tree, and before her retirement was a



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historic preservation architecture  
consultant. Anne's other  
published books include "Baking  
with Cookie Molds" and several

novels. Anne, her husband,  
Aaron, and their cat, Skeeter, live  
in Friday Harbor, Washington.

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Low) WHAT DO I PUT INTO IT?

(The Ingredients of Cool  
Soapmaking) WHAT DO I USE TO  
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Cool Milk Soap COOL

SOAPMAKING STEP-BY-STEP

(From Prep to Cleanup and  
Beyond) PROJECT #2: CUCUMBER

SOAPS Recipe: Basic Cucumber  
Soap Recipe: Cucumber Yogurt

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Soap Recipe: Cucumber Green

Clay Soap Recipe: Cucumber

Apricot Soap Recipe: Cucumber

Avocado Soap Sidebar: Designing

Cucumber Soaps PROJECT #3:

CITRUS SOAPS Recipe: Basic

Citrus Soap Recipe: Orange

Yogurt Soap Recipe: Citrus Honey

Soap Recipe: Ruby Red Grapefruit

Soap Sidebar: Designing Citrus

Soaps PROJECT #4: SOAPS WITH

ACCELERANTS Recipe: Sweet Bay

Soap Recipe: Pine Tar Soap

Sidebar: Designing Soaps with

Accelerants PROJECT #5: BEER

and WINE SOAPS Recipe: Basic

Beer Soap Recipe: Chocolate Ale

Soap Recipe: Red Wine Soap

Recipe: White Wine Soap Recipe:

Anne's Coconut Beer Soap

Sidebar: Designing Beer and Wine

Soaps WHY? WHY? WHY?

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(Frequently Asked Questions)  
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